



“The Daniel Plan is a groundbreaking, healthy lifestyle program where people get better together. With love as the motivation, it’s a story of abundance, not deprivation.

Relying on God’s power and the support and encouragement of friends, get ready to be transformed from the inside out.”

# The Daniel Plan

**LOCATION: Argyle Branch Library**

7973 Old Middleburg Rd S, Jacksonville, FL 32222

**SESSIONS: August 09, & 30; September 13, 20, & 27; October 11, 2014**

*(due to elections the meeting room is not available, will skip weeks, total sessions 6 weeks)*

**DAY AND TIME: Saturdays; 2:30 p.m. to 4:00 p.m.**

**FEE: Free for the public to attend**

**PRE-REGISTRATION ONLINE (EMAIL): savethetrack@gmail.com**

**OR BY POSTAL MAIL (SEE BELOW).**

**For more information:** [www.butterflyjourney.org](http://www.butterflyjourney.org); (904) 228–5791

1 Corinthians 6:19–20

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**The Daniel Plan Registration Form:** You also may register by sending the registration form to

*Butterfly Journey Ministries, The Daniel Plan, Post Office Box 65326, Orange Park, Florida 32065;*

*Postmark by July 20, 2014.*

DATE: \_\_\_\_\_ / \_\_\_\_\_ / 2014

Please Print

NAME

FIRST: \_\_\_\_\_ LAST \_\_\_\_\_

EMAIL: \_\_\_\_\_

TELEPHONE: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

*The Daniel Plan information seminar is given for individuals to freely make a conscientious quality of life choice about their health.*

*Butterfly Journey Ministries advocate a plant-based health regimen such as veganism or vegetarianism.*

*We highly recommend all participants to see their health care provider or doctor before engaging in any health and wellness program.*