



join us as we
celebrate your health

saturday october 26th, 11am-2pm
at the Vitamin Shoppe® stores nationwide

sample healthy goodies
learn about health and fitness
enjoy connecting with health professionals
& people who share a healthy lifestyle



Butterfly Journey Ministries invites you take control of your health and possess wellness of body, mind, soul, and spirit.

Join us at the Vitamin Shoppe for a day of learning how to enjoy living a healthy life of wellness.

**Where: Vitamin Shoppe, 60 Blanding Blvd.,
ORANGE PARK, FL 32073**

When: Saturday, October 26

Time: 11:00 a.m. to 2:00 p.m.

www.ButterflyJourney.org

1 Corinthians 6: 19-20